

January 2010





Levels: Kinder and 1

Sun	Mon	Tue	Wed	Thurs	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13 Session 1 Begins Setting the Stage for Second Step Study	14 Session 1 Begins Introduction to Empathy Training	15 Early Release Sched- ule: 12:30—1:30	16
17	18	19	20 Empathy Training: Feelings	21 Empathy Training: Ident- ifying Other's Feelings	22	23
24	25 Empathy Training: More Feelings	26 Empathy Training: Look- ing for More Clues	27 Empathy Training: We Feel Feelings in Our Bodies	28 Empathy Training: Ident- ifying Our Own Feel- ings	29	30




Brilliant Minds™
Character Education Solutions

Remember to notify Ms. Smith 24 hours ahead to
reschedule a missed session
Phone: (954) 547-0202
E-mail: info@brilliantmindslearning.com

-  = Early Release Day 12:30—1:30
-  = Level 1: 2:45—3:45
-  = Level K: 12:30—3:30
-  = No School

February 2010


Levels: Kinder and 1


Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 Empathy Training: Feelings Change	2 Empathy Training: Com- municating Feelings	3 Empathy Training: Same or Different?	4 Empathy Training: Simi- larities and Differences	5	6
7	8 Life Skills: Nutrition: The Importance of Wa- ter	9 Empathy Training: Feel- ings Change	10 Payment due for next Session. Empathy Training: Accidents	11 Payment Due for next Session. Life Skill: Nutrition: The Importance of Hydration	12	13
14	15 	16 Session 2 Begins Empathy Training: Pre- dicting Feelings	17 Session 2 Begins Empathy Training: I Care	18 Impulse Control and Problem Solving: Intro- duction	19	20
21	22 Empathy Training: I Help	23 Impulse Control and Problem Solving: Stop, Calm Down, and Think	24 Emotion Management: Strong Feelings	25 Impulse Control and Problem Solving: Ident- ifying the Problem and Generating Solutions	26	27
28						




Brilliant Minds
Character Education Solutions

Remember to notify Ms. Smith 24 hours
ahead to reschedule a missed session
Phone: (954) 547-0202
E-mail: info@brilliantmindslearning.com

 = Early Release Day 12:30—1:30

 = Level 1: 2:45—3:45

 = Level K: 12:30—3:30

 = No School

March 2010


Levels: Kinder and 1


Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	1 Emotion Management: Calming Down Strong Feelings	2 Life Skills: Financial Literacy	3 Emotion Management: More Ways to Manage Strong Feelings	4 Life Skills: Financial Literacy	5	6
7	8 Emotion Management: Dealing with Waiting	9 Presentation Training: Skills in Public Speaking	10 Presentation Training: Skills in Public Speaking	11 Parent Presentation: 3:00—3:30 Payment Due for next session.	12	13
14	15 Parent Presentation: 3:00—3:30 Payment Due for next session	16 Session 3 Begins Impulse Control and Problem Solving: Choosing, Using, and Evaluating Solutions	17 Session 3 Begins	18 Impulse Control and Problem Solving: Interrupting Politely	19	20
21	22 Emotion Management: Am I Angry?	23 Impulse Control and Problem Solving: Ignoring Distractions	24 Emotion Management: Dealing With Being Hurt	25 Early Release Schedule: 12:30—1:30 Impulse Control and Problem Solving: Dealing with Wanting Something that Isn't Yours	26	27
28	29	30	31			



Brilliant Minds™
Character Education Solutions

Remember to notify Ms. Smith 24 hours
ahead to reschedule a missed session
Phone: (954) 547-0202
E-mail: info@brilliantmindslearning.com

 = Early Release Day 12:30—1:30

 = Level 1: 2:45—3:45

 = Level K: 12:30—3:30

 = No School

April 2010





Levels: Kinder and 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6 Anger Management: Introduction to Anger Management	7 Problem Solving: Dealing with Losing Something	8 Anger Management: Anger Buttons	9	10
11	12 Problem Solving: Dealing with Distractions	13 Life Skill: Financial Literacy	14 Problem Solving: Inter- rupting Politely	15 Payment Due for next Session. Life Skill: Financial Literacy	16	17
18	19 Problem Solving: Fair Ways to Play Payment Due for Next Session.	20 Session 4 Begins Anger Management: Calming Down	21 Problem Solving: Dealing with Having Things Taken Away	22 Early Release Schedule: 12:30—1:30 Anger Management: Self- Talk	23	24
25	26 Session 4 Begins Life Skill: Nutrition	27 Anger Management: Keeping Out of a Fight	28 Problem Solving: Dealing with Name- Calling	29 Anger Management: Deal- ing with Name-Calling and Teasing	30	



Brilliant Minds™
Character Education Solutions

Remember to notify Ms. Smith 24 hours
ahead to reschedule a missed session
Phone: (954) 547-0202
E-mail: info@brilliantmindslearning.com

-  = Early Release Day 12:30—1:30
-  = Level 1: 2:45—3:45
-  = Level K: 12:30—3:30
-  = No School

May 2010

Levels: Kinder and 1

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Problem Solving: Learning to Have Fun with Friends	4 Anger Management: Keeping Second Step Skills Going	5 Problem Solving: Joining In	6 Life Skill: Nutrition	7	8
9	10 Life Skill: Nutrition	11 Life Skills: Presentation Skills: Speaking	12 Problem Solving: Keep- ing Second Step Skills Going	13 Parent Presentation: 3:00-3:30	14	15
16	17 Life Skills: Presentation Skills: Speaking	18	19 Parent Presentation: 3:00—3:30	20	21	22 Graduation Ceremony 5:00pm— 7:00pm
23	24	25	26	27 Last Day of School	28 Summer Break! Yeah!!	29



Brilliant Minds™
Character Education Solutions

Remember to notify Ms. Smith 24 hours
ahead to reschedule a missed session
Phone: (954) 547-0202
E-mail: info@brilliantmindslearning.com

- = Early Release Day 12:30—1:30
- = Level 1: 2:45—3:45
- = Level K: 12:30—3:30
- = No School